

# Troop 317 – Suggested Personal Equipment Checklist

\_\_\_ Trail Life USA Uniform (should be worn while traveling to/from outing)

\_\_\_\_\_ Uniform Shirt (collared, polo-style shirt); OR

\_\_\_\_\_ Formal Uniform (Shirt, Pants, Belt, Socks)

\_\_\_\_\_ Trail Life Activity Shirt (for daytime wear during the outing)

\_\_\_ Clothing (depending upon weather and outing duration):

\_\_\_\_\_ Pants (shorts &/or long)

\_\_\_\_\_ T-shirts (short &/or long sleeved)

\_\_\_\_\_ Underwear

\_\_\_\_\_ Socks (at least 2 pair)

\_\_\_\_\_ Hat

\_\_\_\_\_ Rain gear (poncho, raincoat, or rain suit)

\_\_\_\_\_ Windbreaker/Jacket/Coat (appropriate for conditions)

\_\_\_\_\_ Footwear – Hiking Shoes/Boots are preferred, waterproofed

(Note: NO Flip-Flops are allowed, except for in-shower use)

\_\_\_\_\_ Backpack or duffel bag

\_\_\_\_\_ Sleeping bag (20-degree rating or lower)

\_\_\_\_\_ Sleeping pad (air, foam, self-inflating)

\_\_\_\_\_ Tent (optional, typically shared with another Trailman)

\_\_\_\_\_ Footprint or ground-cloth (sheet of plastic) for under tent

\_\_\_\_\_ Appropriately sized ZipLoc bags for storing any/all of the following...

\_\_\_\_\_ Personal First Aid kit (see Trail Life Handbook for details)

\_\_\_ Personal Toiletries kit:

\_\_\_\_\_ Toothbrush & Toothpaste

\_\_\_\_\_ Soap

\_\_\_\_\_ Shampoo (depending on duration of outing)

\_\_\_\_\_ Towel

\_\_\_\_\_ Sunscreen

\_\_\_ Eating Kit / Mess Kit:

\_\_\_\_\_ Water bottle (1-Liter Nalgene-type preferred)

\_\_\_\_\_ Cup (plastic or metal)

\_\_\_\_\_ Bowl (plastic or metal), Plate (optional)

\_\_\_\_\_ Utensil set: Spoon &/or Fork, Knife(optional)

\_\_\_\_\_ Pocket Knife

\_\_\_\_\_ Flashlight / Headlamp

\_\_\_\_\_ Trail Life Handbook (in ZipLock bag)

\_\_\_\_\_ Bible